

Suggested content for Employers to share with Employees about phishing schemes using Employer communication vehicles (i.e. internal emails, newsletters, intranets, etc.)

To help you safeguard your personal information and assets, we wanted to share valuable information that will help you to protect against cyber-attacks which are, unfortunately, common in the financial industry.

The federal government recently released a warning that individuals should watch out for fake emails or websites looking to access your personal information particularly as it relates to health saving and spending accounts. This is called a “phishing scheme.”

Because of this type of potential threat, we wanted to remind you of important steps you can take to protect your information and your health saving and spending accounts with Optum Bank®:

- Check to see how secure the account password is. The most secure passwords use a mix of upper and lower case letters, numbers and symbols and are at least 8 characters in length.
- Use a unique password for all important accounts and logins.
- Change passwords every 3 months.
- Review accounts on a regular basis. Report any activity that doesn't look familiar.
- If ever suspicious or unsure about any communication regarding health saving and spending accounts, please forward emails to assetprotect@optum.com the following email addresses and a trained representative will follow up
- **Do not click links within suspicious emails or texts** as doing so may lead to a fraudulent website designed to obtain personal information. Instead, enter URLs/website addresses manually into the browser window to go directly to the health saving and spending account website.
- Double-check URLs/website addresses and email domains to ensure they match those provided in official communications from Optum, Optum Bank or myCDH.optum.com.
- Visit the Account Security sections of our websites for additional tips and information.

If you have any additional questions, please call the number on the back of the HSA debit card.