



ON-SITE HEALTH PROMOTION FOR GLOBAL EMPLOYERS

Bring your local wellness strategy to life

On-Site Health Promotion Specialists help all employees create a healthier, more resilient mindset at work. Tailored to your population, this programme gives you a well-being engagement strategy with 1:1 support and fun group activities like Lunch 'n' Learns.

Your specialist will get to know your employees, promoting and supporting their well-being needs. No matter where employees are on their journey towards better health, productivity or general state of mind, your specialist has them covered.

Specialists host or facilitate educational activities and events, empowering your employees to start thinking about owning their health. This kind of local support helps build camaraderie and a better culture of health in any individual location, as well as within your company's overarching culture.

Benefits of implementing a health and wellness programme*:

- Employers who commit to healthy on-site environments report better health and wellness outcomes.
- 66% of employers established an improved culture of health after making changes to their physical work environment.

Employers who implemented health and wellness programmes at their company reported the following successes*:



Engaged employees are happier and deliver better results.

*Optum Wellness in the Workplace special on-site analysis, 2017/2018.

Learn how we can help bring your company's **WELL-BEING** vision to life.

