



2021 Directory of providers

South Florida



About us

Optum is a nationwide family of dedicated physicians and care teams working together to help people live their healthiest lives.

We bring patients local care, backed by national expertise. We get to know patients as neighbors. And we see your communities as places that impact your health. When you visit our networks in Florida, Optum and WellMed, you get more than a familiar face. Our patients get personal care, backed by the experience and breakthrough research of our team. We use the knowledge of leading doctors across the country to help patients get the care they need. Our goal is to bring personalized care to everyone — working with one person and one community at a time.

Our doctors also get the tools and the time they need to practice medicine the way they always envisioned, so they can get patients more quickly on the path to health and recovery. Our patients also benefit from a personalized care team that stays by their side throughout treatment to coordinate their care.

This directory allows you to preview our list of providers, review their credentials and specialties, find the locations nearest you, or verify insurances accepted. We are grateful to be a part of your health care team. And we look forward to continuing this journey with you.

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Directory is updated quarterly and may contain expired provider information.
To confirm information, please either call the office of interest or visit:
agentsinfl.com. For agent support, call **1-855-662-9010**, TTY **711**.

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Broward County



OPTUM



Bedard, Yelena Z MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Russian

Medical school: Omsk State Medical Academy in Omsk, Russia

Residency: Somerset Medical Center in Somerville, NJ

Provider ID # UHC 2102444 CarePlus 1095668 Humana 171583

OPTUM



Gomez, Amaury DO

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Nova Southeastern University in Ft. Lauderdale, FL

Residency: Palmetto General Hospital in Hialeah, FL

Provider ID # UHC 342811 CarePlus 1080690 Humana 171583

OPTUM



Krishnamurthy, Jyothi MD

Optum–Margate

5901 Colonial Dr., Ste. 301, Margate, FL 33063

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-935-1477

Specialty: Family Medicine **Language(s):** English, Tamil

Medical school: Dr. MGR Medical University in Tamilnadu, India

Residency: St. Vincent's Family Practice Residency in Jacksonville, FL

Provider ID # UHC See plan website CarePlus 1176267 Humana 171582

OPTUM



Krishnamurthy, Jyothi MD

Optum–Atlantic

8327 W. Atlantic Blvd., Coral Springs, FL 33071

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-2468

Specialty: Family Medicine **Language(s):** English, Tamil

Medical school: Dr. MGR Medical University in Tamilnadu, India

Residency: St. Vincent's Family Practice Residency in Jacksonville, FL

Provider ID # UHC See plan website CarePlus 1176267 Humana 171582

OPTUM



Miloscia, Christine MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Ross University School of Medicine in the West Indies

Residency: Somerset Family Practice Residency in New Jersey

Provider ID # UHC 2063758 CarePlus 1112333 Humana 171583

OPTUM



Miloscia, John G MD

Optum–Atlantic

8327 W. Atlantic Blvd., Coral Springs, FL 33071

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-2468

Specialty: Internal Medicine **Language(s):** English

Medical school: St. George's Medical School, in Grenada, West Indies

Residency: Staten Island University Hospital in Staten Island, NY

Provider ID # UHC 2322928 CarePlus 1112344 Humana 171720

OPTUM



Penate, Israel E MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-5504

Specialty: Internal Medicine **Language(s):** English, Spanish

Medical school: Instituto Superior de Ciencias Medicas Santa Clara in Villa Clara, Cuba

Residency: Bronx Lebanon Hospital Center, Albert Einstein College of Medicine, in Bronx, NY

Provider ID # UHC 336310 CarePlus 1055150 Humana 171583

OPTUM



Perl, Mike MD

Optum–Margate

5901 Colonial Dr., Ste. 301, Margate, FL 33063

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-935-1477

Specialty: Internal Medicine **Language(s):** English, Hebrew

Medical school: St. George's School of Medicine in Grenada, West Indies

Residency: Nephrology Fellowship at Coney Island Hospital in Brooklyn, NY

Provider ID # UHC 330576 CarePlus 1000323 Humana 171582

OPTUM



Petrov, Sergey MD

Optum–Margate

5901 Colonial Dr., Ste. 301, Margate, FL 33063

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-935-1477

Specialty: Internal Medicine **Language(s):** English, Russian

Medical school: Tbilisi State Medical Institute in Georgia, USSR.

Residency: Brooklyn Hospital, Cornell University Medical Center, Brooklyn, NY.

Provider ID # UHC 2322988 CarePlus 1167705 Humana 171582

OPTUM



Polsky, Frederick C DO

Optum–Atlantic

8327 W. Atlantic Blvd., Coral Springs, FL 33071

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-954-755-2468

Specialty: Internal Medicine **Language(s):** English

Medical school: Kirksville College of Osteopathic Medicine in Kirksville, Missouri

Residency: Interboro General Hospital in Brooklyn, NY

Provider ID # UHC 330532 CarePlus 1071819 Humana 171720

Miami-Dade County



OPTUM



Capote, Jr., Eddy MD

Optum–Westchester

7775 SW 87th Ave., Ste. 100, Miami, FL 33173

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-260-7506

Specialty: Family Medicine Language(s): English, Spanish

Medical school: Ross University School of Medicine

Residency: University of Minnesota Medical School-Twin Cities, Resident, State University of New York

Provider ID # UHC 00010365678 Preferred Care Partners 00010020442 Medica 00010020442

OPTUM



Carrillo, Ramon MD

Optum–Little Havana

2974 SW 8th St., Miami, FL 33135

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-631-3000

Specialty: Internal Medicine Language(s): English, Spanish

Medical school: Universidad de Salamanca Fac of Medicina

Residency: Jackson Memorial Hospital-University of Miami

Provider ID # UHC 00040287394 Medica 00040018347

OPTUM



Castillo, Ramon M. MD

Optum–Hialeah

415 W. 49th St., Hialeah, FL 33012

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-364-3404

Specialty: Internal Medicine Language(s): English, Spanish

Medical school: Facultad De Ciencias De La Salud, Departamento de Medicina

Residency: Hosp Universitario Dr R Arnau

Provider ID # UHC 00040059705 Preferred Care Partners 00040059705 Medica 40539

OPTUM



Diaz, Fernando M. MD

Optum–Hialeah

415 W. 49th St., Hialeah, FL 33012

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-364-3404

Specialty: Family Medicine Language(s): English, Spanish

Medical school: American University of the Caribbean in Saint Martin

Residency: UT Southwestern Family Medicine in Dallas, Texas

Provider ID # UHC 00010678883

OPTUM



Gonzalez, Julio Cesar MD

Optum-Red Road
701 NW 57th Ave., Ste. 150, Miami, FL 33126
Mon.-Fri.: 8 a.m.-5 p.m. | office: 1-305-260-2680
Specialty: Internal Medicine Language(s): English, Spanish
Medical school: University of Havana
Residency: Higher Institute of Medical Science of Havana

Provider ID # UHC 00040071234 Preferred Care Partners 00040071234 Medica 00040071234

OPTUM



Jimenez, Humberto J. MD

Optum-Westchester
7775 SW 87th Ave., Ste. 100, Miami, FL 33173
Mon.-Fri.: 8 a.m.-5 p.m. | office: 1-305-260-7506
Specialty: Family Medicine Language(s): English, Spanish
Medical school: St George University School of Medicine
Residency: Intern-Resident, Montefiore Medical Center

Provider ID # UHC 00010365273 Preferred Care Partners 00010020564 Medica 40544

OPTUM



Pollock, Solangel MD

Optum-Red Road
701 NW 57th Ave., Ste. 150, Miami, FL 33126
Mon.-Fri.: 8 a.m.-5 p.m. | office: 1-305-260-2680
Specialty: Internal Medicine Language(s): English
Medical school: Instituto Superior De Ciencias Medicas De Villa Clara
Residency: Jamaica Hospital Medical Center

Provider ID # UHC 00040387822 Preferred Care Partners 00040021526 Medica 00040021526

OPTUM



Pollock, Solangel MD

Optum-Westchester
7775 SW 87th Ave., Ste. 100, Miami, FL 33173
Mon.-Fri.: 8 a.m.-5 p.m. | office: 1-305-260-7506
Specialty: Internal Medicine Language(s): English
Medical school: Instituto Superior De Ciencias Medicas De Villa Clara
Residency: Jamaica Hospital Medical Center

Provider ID # UHC 00040387822 Preferred Care Partners 00040021526 Medica 00040021526

OPTUM



Quintana, Maria L. MD

Optum–Westchester

7775 SW 87th Ave., Ste. 100, Miami, FL 33173

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-260-7506

Specialty: General Practice Language(s): English, Spanish

Medical school: Instituto Superior De Ciencias Medicas De La Habana

Residency: General Hospital Jose R. Lopez in Matanza, Cuba

Provider ID # UHC 00010024322 Preferred Care Partners 00010024322 Medica 00010024322

OPTUM



Rivas, Raixa MD

Optum–Little Havana

2974 SW 8th St., Miami, FL 33135

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-631-3000

Specialty: Family Medicine Language(s): English

Medical school: Insti Superior de Ciencias Med de Habana

Residency: Mayaguez Medical Center

Provider ID # UHC 00010095671 Preferred Care Partners 001-0026743 Medica 001-0026743

OPTUM



Siervo, Mario P. MD

Optum–Red Road

701 NW 57th Ave., Ste. 150, Miami, FL 33126

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-260-2680

Specialty: Family Medicine Language(s): English, Spanish, Italian

Medical school: Univ Autonoma de Guadalajara (Facultad de Medicina)

Residency: 5th Pathway, New York Medical College Munger Pavillion, Resident, University of Central Florida

Provider ID # UHC 00010020456 Preferred Care Partners 00010020456 Medica 00010020456

OPTUM



Solis, Francisco DO

Optum–Little Havana

2974 SW 8th St., Miami, FL 33135

Mon.–Fri.: 8 a.m.–5 p.m. | office: 1-305-631-3000

Specialty: Family Medicine Language(s): English, Spanish

Medical school: NY Col of Osteopathic Med of the NY Inst of Tech

Residency: St Barnabas Hospitals affiliated with New York Cornell Univ., Resident, Nova Southeastern University College

Provider ID # UHC 00010022939 Preferred Care Partners 00010022939 Medica 00010022939

Contracted providers

Coral Gables

Internal Medicine

Matias, Annabelle MD

Steward Medical Group Inc

806 S. Douglas Rd. Ste., 820

Coral Gables, FL 33134

1-305-447-4150

Accepting patients

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