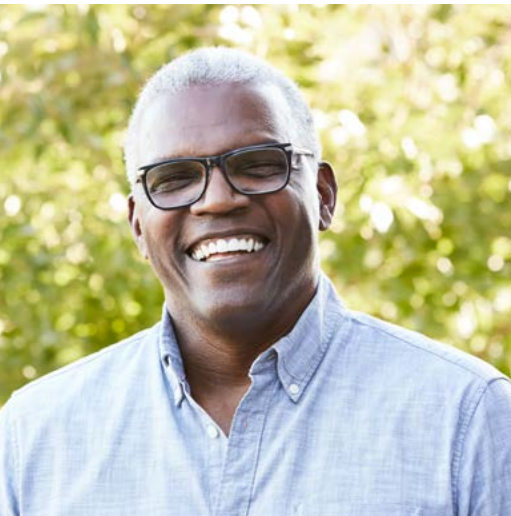


# OptumCare Arizona



The choice for people with  
Medicare Advantage



# Our goal is to help you stay healthy and independent.

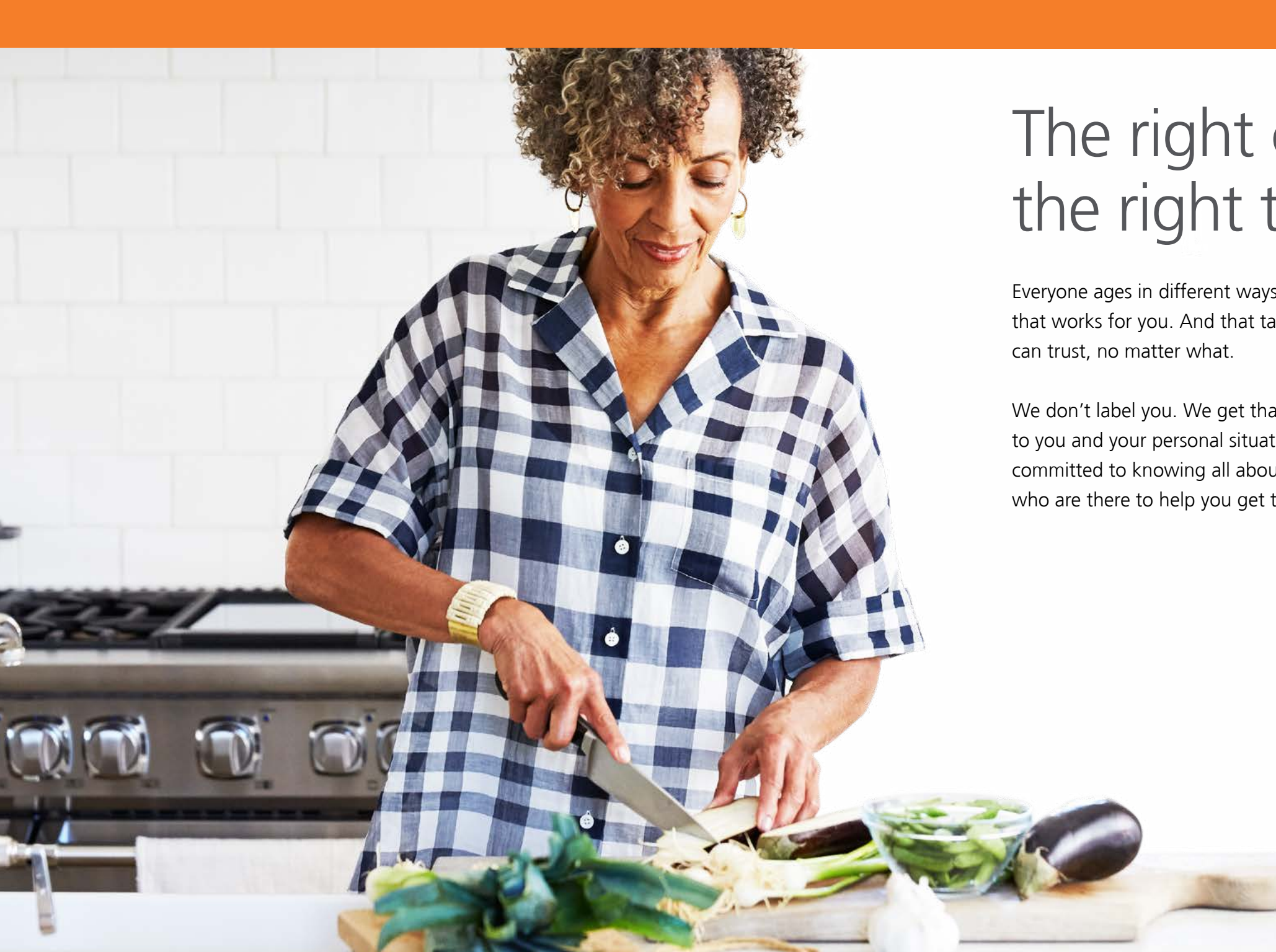
At OptumCare, we are all about you and your health.

We understand getting older has its challenges. But it can also be a great time of life. Our doctors and care teams are here to help you live well as you age. With us, you'll benefit from having expert care that's totally geared toward you.

Take a look at how we help people with Medicare Advantage stay healthy, happy and active right here in Arizona.







# The right care takes the right team.

Everyone ages in different ways. As you get older, you need care that works for you. And that takes having an entire care team you can trust, no matter what.

We don't label you. We get that your health goals are unique to you and your personal situation. That's why our doctors are committed to knowing all about you. So you always have people who are there to help you get the care that's right for you.

Your health goals may not be the same as others.

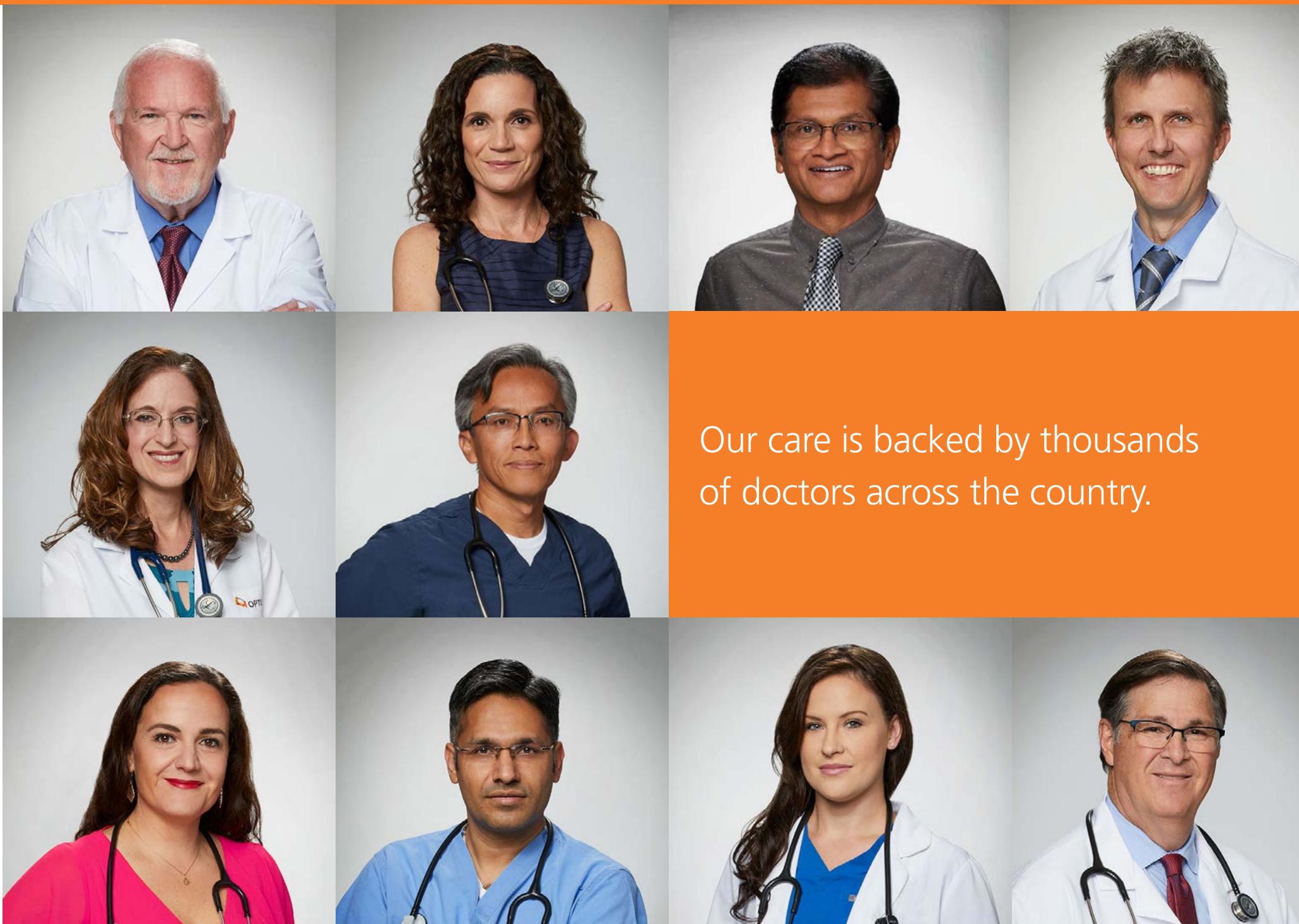


# Your health deserves an expert ... or 10.

You should have top doctors on your side. You're worth it. Choosing OptumCare gives you the advantage of having care that's backed by thousands of doctors across the country. It's like having an arena filled with some of the brightest minds in health care focused on you and your health.

With our group approach, your dedicated primary care doctor has more support to help keep you healthy. They're always working with other doctors to share successes, push new ideas and find ways to help make your care even better.

Having a connected network of experts also means you get care that's been proven to work. And that will help save you time, money and stress.



Our care is backed by thousands of doctors across the country.





# We make getting care easier.

Figuring out the health care system can be frustrating. We don't expect you to do it on your own. With our coordinated care, your team will help you every step of the way. They'll take the time to carefully explain everything and guide you through your choices.

If you need to see a specialist, we'll connect you with the right one and make sure they know the details of your health. And if you need to go to the hospital or a skilled care center, we'll help make your transition back home a smooth one.

We also have Care Coordinators and Case Managers who are there to help with your referrals, appointments and reminders. No matter how complex your care, we work to simplify your path to better health.

Care Coordinators and Case Managers help with referrals, appointments and reminders.

# It's all about you.

You are not a number. You are one of a kind, and we see you that way. Warmth and compassion are at the core of how we treat you. We are devoted to our patients and you'll feel it from the very start. And it continues throughout your care.

You'll notice that your primary care doctor and team aren't focused on how many patients they can see each day. Their focus is on getting to know you as an individual and how you live your life. They won't rush you or dismiss your opinions. They'll spend time with you to listen to your concerns and answer all of your questions. That way, they can create a plan of care that's just right for you. Because your health is what matters most.

Compassion is at the heart  
of everything we do.





# Care that gives you more

With OptumCare you have access to additional health services and resources.



## Advanced Care

We provide extra support to our patients with complex or serious health conditions. We have case managers, social workers and behavioral health providers who are there to help.

If you're unable to leave home and need us to visit you there, we can do that too. Our goal is to get you the care you need, where you need it, now and in the future.



## Annual Wellness Visits

Unlike a checkup, this yearly visit is centered on preventive care. You'll get extra one-on-one time with your care provider to focus on your health. Because it's all about helping you stay healthy, not just treating you when you're sick.

## Medication Review

You can meet with an OptumCare pharmacist about your medications. You'll be able to get your questions answered and make sure everything is working well together.

## Community Centers

You're invited to socialize, stay active and learn at our OptumCare Community Centers. We offer a variety of ways to help improve your physical, mental and emotional health.

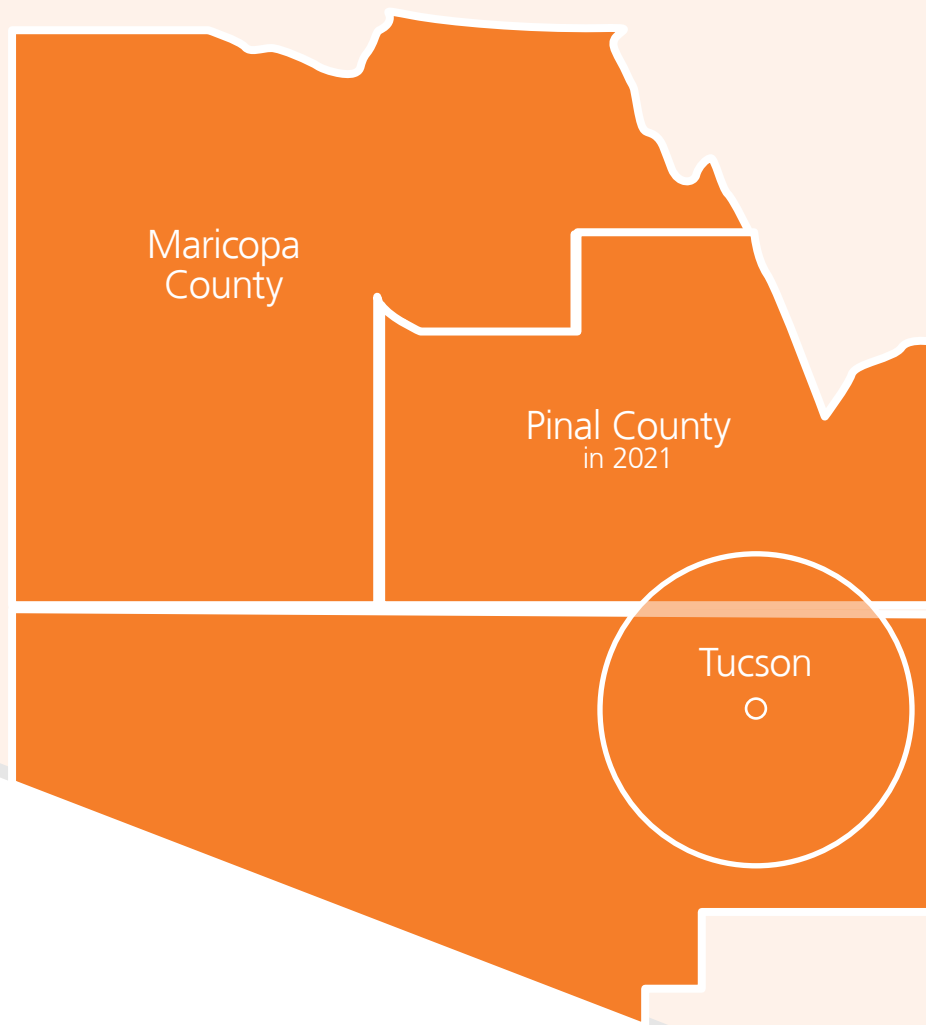
From exercise classes to movies, we host dozens of ways to get you going and keep you connected with others who are 55+ in our community.

All visits and activities come at no charge. The goal is that you have a place that makes it easy to fit in and feel at home.

# Locations

Where we care continues to grow. We offer primary care locations and community centers across Maricopa County, the Greater Tucson area and beginning in 2021, Pinal County.

We can help you find a doctor in your area. Call us at 1-877-901-4984 (TTY 711) or visit [optumcare.com/az](https://www.optumcare.com/az).



## Notes



Learn more about how we can  
provide the right care for you.

Visit [optumcare.com/az](https://optumcare.com/az)  
or give us a call at  
1-877-901-4984 (TTY 711)



The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-877-370-2850.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-877-370-2850.

請注意：如果說中文 (Chinese), 我們免費提供語言協助服務。請致電：1-877-370-2850.

Optum® and OptumCare® are trademarks of Optum, Inc. © 2020 Optum, Inc. All rights reserved.