

## WHY CHOOSE ARIZONA PALLIATIVE HOME CARE?

- Responds to calls 24/7 with on-duty staff—never an answering service.
- Provides the highest quality care, including innovative specialized programs for cancer, congestive heart failure, lung disease, dementia and pediatrics, all made possible by our not-for-profit status.
- Employs health care professionals with expertise in palliative care.



### ARIZONA PALLIATIVE HOME CARE

1510 E. Flower St., Phoenix, AZ 85014  
(602) 212-3000 FAX 212-3002

[azphc.org](http://azphc.org)

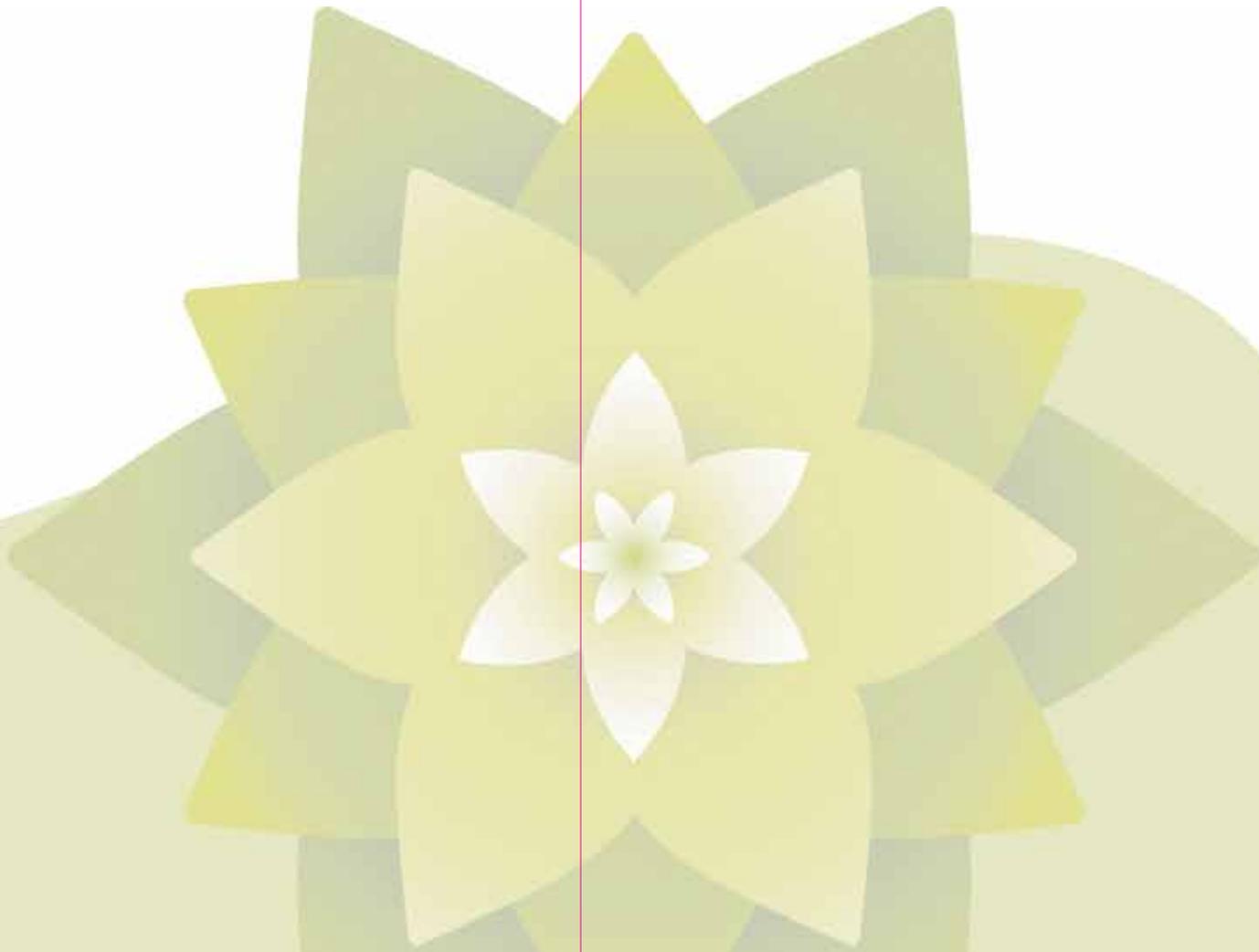
A not-for-profit program of Hospice of the Valley,  
an equal opportunity employer.

PHC 2517 | DRAFT

ARIZONA PALLIATIVE  
Home Care

## PALLIATIVE HOME CARE

*Bridging Health Care Services*





## OUR MISSION

Arizona Palliative Home Care (AZPHC) offers coordination of care to late-stage, chronically ill patients struggling with daily living and disease management. Patients can receive palliative care at the same time they are receiving curative treatment from health care providers.

The AZPHC team works with patients' physicians. Nurses and social workers provide care coordination and education to patients and families. Services are provided wherever the patient lives—at home, a group home, an assisted living or skilled nursing care facility.

**Palliative care** focuses on the patient's physical, psychological and spiritual needs. The goal is to achieve the **best quality of life possible** by relieving suffering and controlling pain and symptoms.



## WHEN IS IT TIME?

Palliative care should be given throughout the course of a late-stage chronic illness—not just at the end of life. Many people living with illnesses such as cancer, heart disease, lung disease, kidney failure and dementia experience physical symptoms and emotional distress. Sometimes the symptoms are related to the medical treatments they are receiving.

Consider palliative care if you or your loved one:

- Suffer from pain or other distressing symptoms related to a late-stage chronic illness.
- Need care coordination services.
- Feel overwhelmed by the difficulties of managing late-stage chronic illness.
- Want support transitioning from inpatient hospital or other care setting to home.

## OUR SERVICES

- 24/7 telephone nursing support to talk through your symptoms and help figure out your next steps for care.
- Home visits by a professional nursing/social worker care coordinator.
- Education about disease management and medications.
- Caregiver education and support.
- After-hospital support services.
- Help preparing living wills and other forms.
- Home health services coordination.
- Senior Placement Service if alternative living arrangements are needed.
- Volunteer companions for caregiver respite.

## PRIVATE DUTY

*(a separate private pay service)*

- Bathing and personal grooming care provided by a licensed nursing assistant.
- Professional nursing services to assist with complex medical needs.
- Licensed massage therapy.