Multidose packaging solution bolsters improved medication adherence

divvyDOSE, a full-service Optum® pharmacy, offers patients who are taking 5 plus medications per day a simple and convenient way to take their prescriptions, vitamins and/or supplements. Medications are sorted into packets by time, day and date and shipped in a box each month. Larger items such as ointments, lotions and/or inhalers are delivered at the same time.

Medication adherence benefits
Low medication adherence and increasing prescription costs continue to be an ongoing challenge. Prescription non-adherence accounts for up to 50% of treatment failures, nearly 125,000 deaths, and up to 25% of hospital stays each year in the U.S.1 With 1 in 4 seniors taking between 10-19 pills daily,2 medication adherence can be key in improving clinical outcomes.

Patient behavior and benefits
A recent Optum Rx study indicated patients with high blood pressure that used a multi-medication packaging solution, obtained a 38.7% higher medication adherence.3 Multi-med packaging solutions also offer these patient benefits:

- Personalized, pre-sorted medication replaces counting pills and makes daily dosing easy while reducing potential patient errors when patients travel or are on the go.
- Free home delivery and automatic refills are convenient and cost effective.
- Medication synchronization overcomes barriers to adherence and reduces disruptions in therapy.

Improving patient health outcomes
Multi-med packaging services help providers deliver high touch clinical care to:

- Medicare patients
- Chronic-care patients
- Patients taking 5 or more medications and/or using over-the-counter treatments per day.

Diabetes patients were 46.7% more adherent3 to their therapies when using a multi-med packaging pharmacy versus a retail pharmacy.
Delivering complete care

By having highly complex medication therapies integrated into the patient workflow, providers have a more complete picture of the patient’s medication routine. Providers can now see possible drug interactions, resolve insurance issues and identify gaps in therapy.

This multi-med service works with all major pharmacy benefits, including Optum Rx.

Call the divvyDOSE team at 1-855-978-8533 to sign-up your patient for this multi-med packaging solution.

In the Know: Multi-med solution

The benefits

• Better clinical outcomes
• Higher patient adherence rates over retail pharmacies
• Free shipping and automatic refills
• Reduced patient costs and confusion
• Patient-doctor coordination provided
• divvyDOSE is a full-service Optum pharmacy

Resources for providers

View additional materials regarding multi-med packaging.

New request?

Call divvyDOSE: 1-855-978-8533

Quick Links

• New Rx request form
• Refill request form
• divvyDOSE.com

4. Multi-Dose Packaging Study, internal analysis of paid claims from Jan. – Dec. 2018. Adherence is measured as PDC>80%.
5. Commercial health plan members with pharmacy and medical data sourced from Optum's de-identified Normative Health Information database (dNHI).